

# Safety Advice

Your child will bring home some reflective/fluorescent stickers, a booklet containing road safety advice and a certificate of attendance.

The lessons learned are vitally important in keeping your child safe on the road for the rest of his or her life.

**Please** continue to talk to them about safe behaviour and attitude. Show them good road behaviour by your own example. Encourage your child to take an active part in decision-making whenever you cross a road with them. Look after them until you feel that they are safe to use the road by themselves.



## Special educational/medical needs which could affect my child's training on the course.

G22041/KW/10/08

This leaflet was printed on recycled paper using vegetable based inks

# Basic Pedestrian Skills Course



Dear Parent/Carer,

I am pleased to introduce you and your child to the Norfolk County Council Step On It! pedestrian training course. Norfolk County Council is committed to promoting walking for all, as a healthy physical activity which most can enjoy.

This course is designed to teach basic pedestrian techniques in a real roadside setting. However this is not designed to equip children to use the roads immediately by themselves.

Training is carried out alongside and on the highway as this has been found to be most effective. Children taking part are covered by Norfolk County Council's Public Liability Insurance. Children are closely supervised at all times and they hold hands when near moving traffic.

If you wish your child to receive this training, please sign the Consent Form in this Booking Form (on page 3) and return it to school.

I am sure that your child will find this an enjoyable course and it will certainly enhance their road safety knowledge. For further details contact the Norfolk County Council Casualty Reduction Section, telephone 0344 800 8009 or email [roadsafety@norfolk.gov.uk](mailto:roadsafety@norfolk.gov.uk)

Yours sincerely,

Iain Temperton

Team Manager, Casualty Reduction, Education and Development.



[www.think.norfolk.gov.uk](http://www.think.norfolk.gov.uk)

[www.norfolk.gov.uk/roadsafety](http://www.norfolk.gov.uk/roadsafety)

 **Norfolk** County Council  
at your service

# Course Content

'Step On It!' is a local road safety programme which has been carefully designed to allow your child to practise using road safety precautions in their own school area. Groups of children are taken out by an instructor with accompanying adult hand-holders to look at:

- making themselves seen by other road users
- simple road vocabulary
- gates and their use
- the meaning of lights on vehicles
- clues to impending vehicle movement
- using the footpath safely or walking in the road in a rural setting
- common street furniture
- road crossing

**The most important message is to make children understand that they have not been equipped to cross the road on their own.** They should never be allowed to cross roads without an adult and should always hold hands.

'Step On It!' is a simple, easy to use scheme to allow children to learn basic pedestrian skills and knowledge in a way which is understandable and safe.

The scheme is aimed at all children in Key Stage 1.

'Step On It' is a partnership between Parents, School and the Road Safety Team who together ensure that children have the opportunity to acquire skills and knowledge which will enable them to stay safe on or near the road.

Children may be trained by Road Safety staff, teachers, classroom assistants, parent-helpers or others approved by the school.

Road Safety staff train instructors, validate the course and support the training.

Children go out, closely accompanied by responsible adults, in small groups. They go out for about 45 minutes, moving from inside the school to the playground to the car park to the road. We look at street furniture, think about how vehicles and their users can endanger us and look at appropriate behaviour in different places including car parks and the road side. Risk-assessed routes are used when outside school.

Throughout the training we encourage children to always assess the level of risk whilst moving in their environment. It is not intended that children be independent road users immediately after training. They will still need you to protect them for several years.

**These courses can only run if there are sufficient adult volunteers. If you are available to help, please let the school know.**



## Norfolk County Council Step On It! Pedestrian Training Course Consent Form

This portion must be returned to the school before training can commence and will be held by the school. Please tick the appropriate boxes below.

Child's Name (print):

- I would like my child to take part in the Norfolk County Council 'Step On It' pedestrian training course.
- I understand that my child will wear a high visibility top supplied by the school.
- I understand that my child will hold the hand of an adult when near moving traffic.
- I have given details of any special educational/medical needs which could affect my child's training (overleaf).
- I may be available to help.

Signed:

(parent/carer)

