

1940s costume and lunch suggestions

To make the day more immersive, the children might like to dress as an evacuee. Here are some ideas to help.

If the weather is cold please bring a coat with you. It doesn't need to be 1940's style!

Clothes

Girls

- Straw hat, woolly hat or beret
- Hair worn loose, half up, or in plaits
- Hair tied with ribbons or clipped with a slide
- Plain skirt and blouse
- Plain dress
- Knitted V neck jumper or a cardigan
- White long socks or ankle socks
- Plain shoes
- No logos



Boys

- Cap
- Hair combed in a side parting
- Plain shirt with a collar
- Knitted V neck jumper or tank top
- Short trousers ie grey/black school shorts or cut down old trousers
- Blazer or plain jacket
- Long socks
- Dark shoes or boots
- No logos

Lunch:

You might like to consider bringing a wartime lunch to eat. In a time before supermarkets and fast food, there was no crisps or plastic wrapped chocolates or biscuits.

Food could be brought wrapped in a cloth (i.e. tea towel) a basket, brown paper bag or in a tin rather than a plastic lunchbox. You could include:

- *Pasty *Corned beef, spam or paste sandwich
- *Jam, honey or marmite with bread and margarine
- *Apple, pears, plums, scrubbed carrots or tomatoes * Pickled onions
- *Fruit cake *Plain biscuits *Gingerbread men *Jam tarts
- * Squashes and cordials * Water