



## Thurton CE Primary School News

### Friday 9<sup>th</sup> January 2026

#### Cool - It's 2026!

We would like to welcome you all back and wish you a very Happy New Year. We would also like to thank you for your patience and support this week whilst we have been without central heating, and thank you to everyone who has lent us electric heaters so that we can keep the children warm! We anticipate the heating will be sorted early next week.



I'm pleased to be introducing a weekly wellbeing section in the school newsletter. Each week I'll offer simple ideas and strategies to support emotional wellbeing and resilience for children and the wider school community. If there's anything you'd particularly like me to cover, please feel free to get in touch - I'd like this space to be shaped by what matters most to our school community.

Rather than New Year's resolutions, I choose a **word for the year**. This year, my word is **"acceptance."** For me, that means letting go of the need to control and learning to go with the flow. This idea of acceptance will gently run through our weekly wellbeing focus - helping children (and adults) to accept their feelings, understand that not every day will be easy, and know that they don't have to get everything right all the time.

With best wishes to you all,

*Claire Cookson*

*(Pupil & Parent Support Advisor)*

#### Team Thurton Achievements

On Sunday, Reuben, Oliver and Jude took part in the Norfolk Cross Country Championships at Earlham Park in Norwich following their success at the South Norfolk Schools' event in October. It was very cold but they all completed the 2.1km course in really great times - everyone is very proud of them!



#### Birthdays

This week our Birthday wishes go to **Freddie, Mya, Lacey, Rose G and Lou** - Happy Birthday to you all!

#### Dates for Your Diary

Mon 26/01/26	• Cluster Dodgeball, Hobart High School (selected Year 3/4 – full details TBC)
Tue 03/02/26	• Yr 1/2 Time & Tide Museum Visit (full details TBC)

#### Next Week: Mon 12<sup>th</sup> to Fri 16<sup>th</sup> January 2026

	In School	After School
Mon	• PE	• KS1 Gymnastics (GROUP A)
Tue	• Lauren Talford Music Lessons	• KS2 Dodgeball (GROUP A)
Wed	• Hearing & Vision Screening (Reception)	• Aem Hai Karate
Thur	• Bandwagon Music Lessons	• KS1 Dodgeball
Fri	• PE • Forest School (Reception)	• KS2 Football Club (GROUP A) • KS2 Forest School Club (GROUP A)