



## Thurton CE Primary School News

### Friday 5<sup>th</sup> June 2026



Have you ever seen the film Groundhog Day, where Bill Murray's character finds himself relentlessly reliving the same day over and over again until the repetition wears him down?

Whenever I start to feel like I'm living my own version of Groundhog Day, I take it as a gentle reminder to shake things up. Nothing too dramatic - I might take a different route to work, close my eyes and 'lucky dip' the menu, or reverse into a parking space instead of driving straight in. If I'm feeling particularly adventurous, (some might say rebellious!) I might even choose a different spot in my yoga class!!

None of these changes are likely to make the local news or earn me a viral social media post, but they do add a small sprinkle of novelty to the day. And that's the point. Our brains love routine because it feels safe and predictable, but introducing small changes can boost our mood, increase our awareness, and help us see things from a fresh perspective.

As we head into the busy end of term, perhaps there's a tiny change you could make this week. Try a new walk, (as in route, not style!) swap jobs around at home, listen to a different playlist, or let your children choose a completely new family activity. Sometimes the smallest changes can make the biggest difference.

Have a lovely weekend!  
Best wishes,

*Claire Cookson*  
Pupil & Parent Support Advisor  
[psa@alington.norfolk.sch.uk](mailto:psa@alington.norfolk.sch.uk)

### Sports Day

Please note, we are holding our Sports' Day in the morning this year, not the afternoon as we have previously done. Races will start at around 10am, and will be followed by our traditional family picnic at from 12 noon. The children will then return to school for the afternoon. We hope to see you there!

### Speak Out. Stay Safe.

This week the children took part in the NSPCC 'Speak out. Stay safe.' Programme and know to speak out if they have any worries.



### Safer Summer

When (and if!) the weather warms up again, it is important that the children bring a water bottle into school, and a sun hat if possible, and please could they have sun cream applied before they arrive each day. Many thanks!

### On Yer Bike – Round 2!

This week Year 4 completed the Bikeability Level 1 training with flying colours! Well done to them.

### A Note for Budding Musicians!

Mrs Talford has a few saxophone, flute, clarinet and recorder lessons available from September. Please contact her directly (email below) to find out more details and arrange a taster session.

Email: [laurencauston17@gmail.com](mailto:laurencauston17@gmail.com)

### Birthdays

This week our Birthday wishes go to **Arthur F, Miles** and **Reece** – a very Happy Birthday to you all!

### Dates for your Diary

#### New Dates in Red

Wed 17/06/26 – Fri 19/06/26	Yr 3/4 How Hill Residential
Wed 18/06/26	Cluster Athletics, UEA Sportspark - selected Yr 5/6 (full details TBC)
Mon 22/06/26	Hockey Festival, Langley (selected Yr 3/4 – full details TBC)
Mon 29/06/26	Tag Rugby, Langley (selected Yr 5/6 – full details TBC)
Wed 01/07/26 – Fri 03/07/26	Yr 5/6 Cambridge Residential
Wed 08/07/26	Sports' Day (AM) Summer Concert, 6pm (Lauren Talford Musicians & School Choir)
Thu 09/07/26	Yr 2 Hautbois Day Trip
Sat 11/06/26	PTA Summer Fete (12-3pm – see poster below)
Thu 16/07/26	End of Year Church Service (2pm, St Ethelbert's Church) Yr 6 Leavers' Awards Celebration (after school)
Fri 17/07/26	END OF TERM
Thu 03/09/26	Children Return to School

### Reminders

Please could deposits and consents for the Year 2 visit to Hautbois be submitted by Friday 12<sup>th</sup> June.

### Stars of the Week

Reception – Joshua

Year 1 / 2 – Flo

Year 3 / 4 – Jude M and Rose

Year 5 / 6 – Evelyn



## Week Commencing Monday 8<sup>th</sup> June 2026

	In School	After School
<b>Monday</b>	<ul style="list-style-type: none"> <li>• PE</li> </ul>	<ul style="list-style-type: none"> <li>• Cluster Rounder (Selected Yr 5/6)</li> <li>• Gymnastics (GRP B)</li> </ul>
<b>Tuesday</b>	<ul style="list-style-type: none"> <li>• Lauren Talford Music Lessons</li> </ul>	<ul style="list-style-type: none"> <li>• KS1 Archery (GRP B)</li> </ul>
<b>Wednesday</b>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Aem Hai Karate Club</li> <li>• KS1 Gardening (GRP B)</li> </ul>
<b>Thursday</b>	<ul style="list-style-type: none"> <li>• Yr 3/4 Swimming</li> <li>• Bandwagon Music Lessons</li> </ul>	<ul style="list-style-type: none"> <li>• KS2 Dodgeball</li> </ul>
<b>Friday</b>	<ul style="list-style-type: none"> <li>• PE</li> <li>• Forest School (Rec)</li> </ul>	<ul style="list-style-type: none"> <li>• KS1 Football (GRP B)</li> <li>• KS2 Forest School (GRP B)</li> </ul>

Registered Charity: 1212129

**SUMMER FETE**

Saturday 11th July  
12pm to 3pm

**THURTON PRIMARY SCHOOL**  
ASHBY ROAD, THURTON, NR14 6AT

**FREE ENTRY**

JOIN US FOR LOTS OF FUN!

- Penalty Power Shots •
- Live Music from Bandwagon • Animals •
- Fire Engine & Police Car • Cakes & Refreshments •
- Face Painting • BBQ & Bar •
- Games Stalls, Tombola • Dino Dig •
- Grand Draw with fantastic prizes! •
- and much more!

### PTA Points

We hope everyone has had a great first week back. Our summer events are on the way and we're looking forward to enjoying them all with you!

### PTA Summer Fete: Saturday 11th July, 12-3pm

- We've started to sell tickets for the Grand Draw! We've got some fantastic prizes up for grabs and need your help to sell as many tickets as possible. We've been handing out tickets via reps all week, if you would like more books, please let your rep know. Equally, please hand back any tickets you don't want so we can resell them prior to or on the day.
- Please leave any donations for the children's tombola and bottle stall at the school office - all gratefully received!
- We are also looking for volunteers to help at the set up and on the day of the fete, please let us know if you are able to help.