



Friday 1st May 2026



From "What if?" to "Even if..."

As a child, I would frequently share my worries with my parents, often in the form of "What if...?" questions - *What if I fail? What if no one plays with me? What if something goes wrong?* It's a natural way for children to express uncertainty, but these thoughts can quickly spiral and feel overwhelming.

A simple but powerful shift is to gently guide them from "what if" to "even if."

For example:

- "What if I get it wrong?" becomes, "Even if you get it wrong, you can try again and learn from it."
- "What if no one talks to me?" changes to, "Even if that happens, you can try again another day."

This approach doesn't dismiss their worry- it acknowledges it while also building resilience and problem-solving skills. It helps children see that, even if their fear came true, they would still be okay and able to cope.

By modelling this language, we can support children to feel more confident in facing uncertainties, rather than feeling stuck in them.

Best wishes to you all,

Claire Cookson

Pupil & Parent Support Advisor (and former "What if-er!")

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Super Skillful

The children in Yellow Class attended a Cluster School Multiskills festival this week. They had a glorious morning in the sunshine at Hoabrt High School practising their multiskills! It was super windy, but the children listened really well to the older children and had a great time! They practised archery, football dribbling, tennis and dodgeball skills, parachuting (which was challenging in the wind!) and some rugby defending! Well done Yellow Class!



On the Run (or Walk)!

Nancy and Frank's mum, Bec, is doing a 47-mile walk in June, alongside three colleagues from Chet valley Medical Practice, to raise money for Norwich City Community Sports Foundation.

If you would like to support Bec you can donate by clicking the link below to the JustGiving page:

https://www.justgiving.com/page/sunn_yhunnyherewelcome?utm_medium=FR&utm_source=EM

JustGiving sends your donation straight to Norwich City Community Sports Foundation and automatically reclaims Gift Aid if you are a UK taxpayer, so your donation is worth even more.

Good luck Bec!

Birthdays

This week our Birthday wishes go to **Tommy** and **Ada S.** A very Happy Birthday to you both!

Reminders

Instalment 3 of the **How Hill (Yr 3/4) Residential** is due today. Instalment 3 for the **Yr 5/6 Cambridge Residential** is due on Thursday 7th May.

All earrings should be **taken out** for PE Lessons on Monday and Friday. If your child is not able to take their own earrings out, please ensure they are taken out before they come to school.

Dates for your Diary

(New dates in red)

Week of Mon 11/05/26	SATs Week SATs Breakfasts
Mon 11/05/26	Cluster Football Tournament (Yr 3/4) – full details TBC NO AFTER SCHOOL CARE (Staff Training)
Tue 19/05/26	Road Safety Sessions (Rec / Yr 2 / Yr 4)
Thu 21/05/26 - Fri 22/05/26	Yr 5 Bikeability (Level 2) – full details TBC
Mon 25/05/26 – Fri 29/05/26	Half Term
Wed 08/07/26	Summer Concert – 6pm (Lauren Talford Musicians & School Choir)
Thu 09/07/26	Yr 2 Hautbois Visit

Stars of the Week

Reception – Freddie & Theodore

Year 1 / 2 – Ella, Micah & Tommy

Year 3 / 4 – Jude & Sam

Year 5 / 6 – Betsie & Lacey



Week Commencing Monday 4th May 2026

	In School	After School
Monday	BANK HOLIDAY	
Tuesday	<ul style="list-style-type: none"> • Lauren Talford Music Lessons 	<ul style="list-style-type: none"> • KS1 Archery (GRP A)
Wednesday	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Aem Hai Karate Club • KS1 Gardening (GRP A)
Thursday	<ul style="list-style-type: none"> • Yr 3/4 Swimming Lessons • Bandwagon Music Lessons 	<ul style="list-style-type: none"> • KS2 Dodgeball
Friday	<ul style="list-style-type: none"> • PTA Meeting (2.15pm) • PE • Forest School (Year 1) 	<ul style="list-style-type: none"> • KS1 Football (GRP A) • KS2 Forest School (GRP A)

THURTON AUTOJUMBLE & CLASSIC CAR SHOW



Adults £3
Under 16s free

Sunday 24th May 2026
Thurton Village Hall, NR14 6AX

JOIN US FOR A FABULOUS COLLECTION OF AUTOJUMBLE, MEMORABILIA, TOOLS, ANTIQUES AND MUCH MORE. VIEW THE CLASSIC CARS AND ENJOY SOME DELICIOUS REFRESHMENTS!

**GATE OPENS AT
9AM**



Raising Money For:
Thurton and Ashby St Mary Preschool | Ashby and Thurton Village Hall

**FIND US ON
FACEBOOK**



THURTON AUTOJUMBLE & CLASSIC
CAR SHOW



Bug Busting!

Further to our email earlier this week, this weekend is a bug-busting weekend so please check your child's hair for any head lice or eggs, and treat as necessary. Thank you!

Year 2 Need YOU!

The children in Year 2 will be taking part in Road Safety Pedestrian training sessions on 19th May, which will involve going out on the roads. If anyone is able to volunteer to help with this, please let the office know. Timings will be confirmed nearer the date.





Thurton

Church of England VC Primary

TICKETS ON SALE NOW!

BRICK FESTIVAL

LEGO

17TH MAY
SPORTSPARK

NORWICH BRICK FESTIVAL

MORE LEGO THAN YOU CAN DREAM OF

The **Norwich Brick Festival** is 'building' up once again on 17th May! The event is filled with LEGO-themed activities such as adrenaline-inducing speed building competitions, Master-Builder-led build challenges, scavenger hunts, a dedicated building area, gaming zones, and LEGO RC car zone. Or you can browse through a selection of trader tables selling a huge range of loose bricks, brand new or rare & retired LEGO sets, minifigures, and accessories. Norwich Brick Festival also showcases a new, unique selection of LEGO displays crafted by master LEGO builders from across the country!

Book your tickets online now at: www.NorwichBrickFestival.com

Adults from £8, children from £6, and there's even an extra value family ticket available for just £20! And Early Bird tickets give you an extra hour of LEGO fun inside the show (from 10am) as well as a FREE LEGO gift upon entry! Don't miss the chance to be a part of this LEGO celebration!

ATHLETICS NORFOLK

funetics
run + jump + throw

FUNETICS MULTI-CHALLENGE

FUN • ACTIVE • EVERYONE WELCOME!



For children in School Years 3–6
Aged 7–11

The Funetics Multi-Challenge is a new England Athletics competition format for children. It focuses on fundamental movement skills—running, jumping and throwing—in a fun, safe and inclusive environment.

Come along, give it a go and have fun!

UNDER 10s (SCHOOL YEARS 3–4)
AGED 7–9

50m Sprint

400m Run

Standing Long Jump

Vortex Throw

MATCH 1 IS ONLY OPEN TO U10s

UNDER 12s (SCHOOL YEARS 5–6)
AGED 9–11

75m Sprint

600m Run

Long Jump

Vortex Throw

4 matches available for U12s to allow all U12s to compete in individual events within the County Championships in May – see our other event for entry to this event.

WHY TAKE PART?

- ✓ Fun, friendly and inclusive for all abilities
- ✓ Age-appropriate events that build key skills
- ✓ Team spirit and personal success



2026 MATCH DATES

- 1 Sunday 10th May – U10's ONLY
Incorporated into the County Championships (Sunday morning)
- 2 Sunday 24th May – Great Yarmouth
- 3 Saturday 13th June – Sportspark Norwich
To run alongside the Norfolk Schools Competition
- 4 Sunday 28th June – King's Lynn (West Norfolk AC)
- 5 Sunday 26th July – King's Lynn (Ryston Runners)



WHO CAN TAKE PART?

Open to boys and girls in School Years 3–6 (aged 7–11) from schools, athletics clubs and community groups.



TYPICAL TIMETABLE*

From 9:30	Registration and number collection
9:50	Warm up
10.00 – 10.35	Rotation 1
10.35 – 11.10	Rotation 2
11.10 – 11.45	Rotation 3
11.45 – 12.20	Rotation 4
12.30	Medal/certificates presentation

*Timetable for 11th May & 14th June may differ slightly



HOW TO ENTER

Go to

www.linktr.ee/athleticsnorfolk
for the latest booking links

MIDLANDS LOVE RUGBY SERIES

Girls only playing opportunity for girls aged 8-11



Events:

- 17/05 - Wymondham RFC
- 17/05 - Droitwich RFC
- 18/05 - Cambridge RFC
- 24/05 - Worcester RFC
- 26/05 - Birmingham Moseley RFC
- 27/05 - Nottingham Rugby
- 26/06 - Stoke on Trent RFC
- JUNE TBC - Loughborough RFC



rugby
SERIES

Find your local event and sign up!

Visit findrugby.com



Enjoy, Achieve, Believe